

## **DERMAL FILLER REMOVAL**

Dermal filler removal at Simply Fox is an advanced procedure where a specially-formulated enzyme known as hyaluronidase (Hyalase), is used to selectively and precisely dissolve undesirable fillers. If you have had dermal fillers placed incorrectly, excessively or unevenly, then please visit us for a free consultation.

### **What are the main reasons for reversal/correction of dermal fillers?**

1) **Overdone lips and cheeks** - Practitioners who are inexperienced commonly create overdone lips and cheeks. Lips or cheeks that are uneven or asymmetrical can be terribly upsetting and correction can be a key step towards looking – and feeling – happy with your appearance again.

2) **Lumps and bumps** - Lumps are possible after any filler injection but they are not always a problem. Most lumps will go away with aggressive massage and even when they don't go away completely, they are not usually visible. Lumps are most commonly seen in the lips, around the mouth, and under the eyes, and sometimes dissolving the filler is the only way to make a troublesome lump go away. There may also be the option of excising the lump using a sterile needle or scalpel and expressing the material out through the incision. The options will be discussed with you at your appointment.

3) **Under-eye filler correction** - Placing dermal fillers under the eyes is a very specialised treatment that should only be performed with the utmost care and precision by a skilled and experienced practitioner. This, unlike more commonly undertaken procedures such as laughter line fillers, is a harder and more delicate procedure. Under eye fillers or eye bag fillers can take a long time to dissolve and therefore rubbing the area alone may not be sufficient. If you feel that you have lumps under your eyes, or excessive bagginess caused by fillers or if you feel that your eye fillers have shifted, then we can correct them and dissolve them effectively.

### **What does the treatment involve?**

Following injection into the treated area, the enzyme acts within minutes to start to dissolve unwanted fillers and restore the original facial contours. Hyalase may take 24-48 hours for full effect. The desired level of correction/reversal can usually be achieved by carefully monitoring the dose of the enzyme, with larger doses resulting in complete elimination of the filler from the injected site. Enzyme injections are best delayed for several days after the original dermal filler treatment in order to allow for subsidence of any short term treatment-related swelling.

Some of the body's own naturally occurring hyaluronic acid may also be reduced by the Hyalase but this is a temporary effect and the body will regenerate its own levels over time.

### **What types of dermal fillers can you dissolve?**

We can dissolve any brand of Hyaluronic Acid (HA) typed dermal fillers such as Juvederm, Restylane, Teosyal, Belotero, Perlane,

### **Am I a candidate for reversal/correction of dermal fillers?**

It depends on which dermal filler you had injected. Filler reversal is only effective for HA fillers, so it will not work on Radiesse, Artefill, or Silicone. If you are not happy with those types of dermal fillers, the only option is to wait until they dissolve naturally (Radiesse), or to have them surgically removed (Artefill and Silicone). If you are not sure which filler you have had, filler reversal may be worth a try before resorting to the cost and downtime associated with surgical removal.

Hyalase is not suitable for you if you have a previous bee sting allergy.

### **How do I prepare for dermal filler correction treatment?**

Avoid alcohol for 24 hours prior to the procedure to help reduce risk of bruising. Your skin will be cleaned at the time of the procedure so try not to use any products or cosmetics before your appointment.

### **What areas of the face can fillers be dissolved?**

Nasolabial lines (laughter lines)

Perioral lines (smokers lines around the mouth)

Glabellar (frown) lines

Chin/Cheek

Lips

Under-eye area

Any other creases or lines on the face

### **What are the side effects?**

There are very few reported side effects with hyaluronidase, slight bruising being the most common (as with any injections). This is usually minimal and can be covered effectively with make up.

Localised allergic reactions to the enzyme can occur. This enzyme is not recommended for patients with a history of allergy to bee venom. As with all medications there is a risk of anaphylactic reaction.

### **How much does reversal/correction of dermal fillers cost?**

This procedure can cost anywhere from £100 for a small lump or two, to £300 for an extensive problem like overfilled cheeks and lips.

### **How many filler dissolving treatment sessions will I require?**

You may not need more than one treatment. Depending on the extent of the filler and the volume of excess filler that we are trying to dissolve, you may need another treatment between 3 and 5 days later. This will incur further cost.

### **How soon can I have filler treatment in the area treated with Hyalase?**

We do not re administer filler in the area treated until at least 2 weeks after the Hyalase treatment.