

Non-Surgical Rhinoplasty (Nose Job)

Non-Surgical Rhinoplasty corrects the nose using long lasting dermal fillers without the need for costly surgery.

Fillers can be used to improve the look of a variety of noses. The most common problem that people seek treatment for is the Dorsal bump; this is the classic bump on the bridge of the nose that can give it a hook like appearance.

It is also possible to lift the tip of the nose, by injecting the base of the tip with filler, the nose is given more support and the droop in the tip is lessened.

Non-Surgical Rhinoplasty is commonly used to correct complications that can arise from surgical nose jobs.

How long will my nose-reshaping procedure take?

Including a thorough consultation, you should expect your nose-reshaping treatment to take around 30-45 minutes. Everyone's noses and requirements are different and so it's possible some noses will take a little longer and some a little less.

What should I expect to pay for a liquid rhinoplasty (non-surgical nose job)?

The cost of your procedure will depend on the amount of corrective work which is required but many people only require one syringe of dermal filler cleverly injected at just the key points required. 1 x 1ml syringe of Juvederm 4 starts at £400.

What is dermal filler and how does it work?

Dermal filler is a gel made from hyaluronic acid – a substance that occurs naturally in the skin. To resolve wrinkles, it's injected beneath the surface to plump up surrounding tissue.

What products do you use?

All Simply Fox's non-surgical nose jobs are completed using Juvéderm 4 – a market-leading dermal filler.

When will I see the effects of my nose-job?

Right away. Dermal filler treatments are instant which is one of the great things about them. You'll need to allow a little time for redness and swelling and in some cases, bruising to settle.

How long will the results last?

You should expect your liquid rhinoplasty to last up to 6-12 months depending on your skin type and lifestyle factors.

Will I get a consultation before treatment?

Yes definitely - this is part of every procedure we do. It's important you sit down for a proper consultation with your Aesthetic Practitioner so we understand your concerns, what you're looking to achieve and how we can best help you.

Does a nose job with dermal filler hurt?

The nose can be a sensitive area but the dermal fillers we use contain a built-in anaesthetic and where appropriate we can apply a numbing cream to maximise your comfort during the procedure. Any discomfort will be significantly less than a surgical nose procedure.

Are dermal fillers safe?

Approximately only 1 in 20,000 treatments result in an allergic reaction. Although dermal fillers can be reversed using another injection, this requirement is extremely rare. There are risks associated with injecting any dermal fillers such as infection, bruising, unsatisfactory results and rarely vessel occlusion which can need urgent corrective intervention.

What do I need to consider after the dermal filler treatment?

There is minimal recovery time with dermal fillers, so you can immediately resume normal daily activities. As with all filler treatments, patients should avoid excessive alcohol, exercise or sun for the first 24 hours. You may also have some redness, swelling, and bruising.

Where does the dermal filler go after the results fade?

The gel is broken down naturally by the body and is re-absorbed.

Why might someone typically choose this treatment?

There are a variety of reasons why someone may choose to have their nose corrected. Some people could have a noticeable bump or kink in their nose

while others might have an asymmetry.

Non-Surgical Rhinoplasty is traditionally used for beautification and improving the profile of the face however; it can also be used to counteract the signs of ageing. Someone may decide to have fillers in their nose if they are suffering from tissue loss and exposed cartilage. For some people, both are an unfortunate result of the ageing process.

What side effects should I be aware of?

Side effects of this treatment are usually minimal. You can expect to feel some bruising and sensitivity around the area for up to a week and light swelling is common for the first couple of days after treatment.

Are there any specific after care requirements?

Like any treatment involving dermal fillers, it is important to avoid applying pressure to the area for the first couple of weeks. This is because the filler is still malleable and might shift slightly, which would have an impact on your result.

You can help your bruises to heal faster by using Arnica gel but if you have a social event coming up, you might want to consider investing in a good concealer.

How you can expect to feel after the treatment?

You should see great results immediately after your treatment although swelling and bruising may leave you feeling a little tender for up to a week after.

How you should be feeling two weeks later?

Two weeks after your treatment, the filler should have settled into its final result. If you are unhappy with the result or if you still have bruising and

swelling that is causing you pain, now is the time to contact us to arrange a follow up.

How do I know whether the treatment will suit my face?

At Simply Fox all of our treatments are bespoke to you meaning our practitioners will never give you a result that doesn't suit you, even if that means refusing treatment altogether sometimes or offering alternative or combination treatments to balance the face.

Non-Surgical Rhinoplasty can achieve dramatic results in a very short period of time so it is important to prepare yourself for the fact that your face may look very different. Our Aesthetic Practitioners will give you a full overview of what to expect from your treatment during your consultation process.

LIMITATIONS

It is important to be realistic about what this procedure can achieve

Minor to moderate changes only are possible. Surgical rhinoplasty is required to reduce the size of a large nose or to completely reshape a nose.

The injection of dermal fillers into the nose is performed under local anaesthetic and can be completed in less than 30 minutes. Some people can be treated with a single session, but some cases require two or three treatments for best results.

Here is a general list of after-care guidelines:

Avoid any pressure on your nose for at least five days. Sleep on your back with an extra pillow or in a reclining chair.

Avoid chemical peels, sun exposure and laser treatments for at least a week following treatment as these procedures carry the potential for inflammation and scarring if undertaken too soon. You should refrain from tanning treatments during this period.

Each dermal filler is different and has specific post-treatment requirements, therefore any generalised post-treatment list has its limitations. Discuss with your practitioner the specific after-care applicable to the dermal filler used in your treatment. Follow your practitioner's instructions closely, to ensure good results and a speedy recovery.

As with any cosmetic procedure, there are risks involved in non-surgical rhinoplasty and you should be fully aware of these before you elect to have the treatment. The best way to reduce risk is to locate a fully-qualified practitioner with formal training in injectables.

Specific complications that may occur after a non-surgical rhinoplasty include:

- Redness, which will disappear after a couple of days.
- Swelling and bruising, which will slowly subside, enabling you to see the results of the enhancement.
- Tenderness in the nose.
- Infection.
- Nasal skin damage.
- A lumpy or asymmetrical appearance or unsatisfactory outcome.

Depending upon the dermal filler used, itching, hypersensitivity and allergic reactions are also possible. Discuss with your practitioner what the potential reactions are for the filler that will be injected into your nose. Keep your practitioner's contact numbers with you and seek advice in case of any adverse reactions. Make sure your practitioner knows about any allergies before the filler is chosen.



Just as you would discuss potential benefits before a procedure, it is always advisable to ask your practitioner to address the potential risks as they apply to you. The practitioner can also advise you how to avoid or minimise some types of risk.