



Simply Fox

IMPORTANT INFORMATION FOLLOWING DERMAL FILLER TREATMENT

- The effect of your treatment is immediate. Filler can be slightly mobile for a few hours following the procedure so it is important that you keep your facial movements minimal and do not rub or massage the area for the rest of the day.
- It is possible that you may be able to feel or see where the product has been placed for about two weeks following treatment. As the filler gradually incorporates into the matrix of your skin, these signs will lessen. If you have had stronger, more uplifting filler, it is possible that the filler will be palpable for longer.
- You have undergone a dermal filler treatment where hyaluronic acid has been placed in the skin. You may initially be swollen, red and bruised which will subside within the next 1 – 10 days, especially if the bruising is extensive. Wash and dry your face with gentle patting movements.
- It is advisable that you do not touch the area for 6 hours.
- Please avoid the use of makeup for the rest of the day to prevent the introduction of infection to the injection sites.
- Do not have facial beauty treatments or massage for two weeks following treatment and avoid exposure to sunlight, UV light, extreme heat i.e. sauna, steam rooms, sun beds etc. for the same length of time as this may increase discomfort and swelling.
- Also avoid extreme cold; this includes ice packs that are directly applied to the skin. If necessary you can apply a cool compress to the area to reduce any discomfort or swelling.
- If there is discomfort following treatment you may take paracetamol. Avoid the use of aspirin, ibuprofen or other anti-inflammatory drugs as these may increase the risk of bruising.
- There is a chance of bruising with filler treatments, caused both through the injection and sometimes through the pressure of the product on capillaries under the skin. Bruising may be apparent at the time of treatment or may develop later and may be anything from more likely mild to moderate or occasionally heavy. This is an unfortunate side effect of filler treatments. Bruising will subside in time and the use of arnica cream can sometimes be helpful. Cool compresses for two days following treatment can help. After two days, warm compresses will encourage blood supply to remove traces of the bruise.
- If you have had a local nerve infiltration injection please do not consume any hot or cold drinks until your sensation has returned to normal. You must also be careful when eating so that you do not risk biting your lip.
- If you experience any lumpiness in the implantation area it can be gently massaged to help smooth this out.
- Although your treatment result is immediate the overall result will look much better in about two weeks when the trauma has subsided and the plumping effect of the product has really started to take effect.